

# Discovery 2018: A Good ol' Camp Out

## Week 6: July 2/3 and 5/6



### Monday

5:30-9:00 Before Care (Webster)  
9:00 Head to YMCA  
9:30 Snack  
10:00 Morning Meeting  
10:15-11:45 Swimming  
12:00 Lunch  
12:45 4-45min Rotations  
3:45 Snack  
4:00-6:00 After Came (YMCA)

### Friday

5:30-9:00 Before Care (Webster)  
9:00 Head to YMCA  
9:30 Snack  
10:00 Morning Meeting  
10:15 2 30minute rotations  
11:15 Group Game  
12:00 Lunch  
12:45 Head to University Park Mini Putt  
3:00 Head to YMCA  
3:45 Snack  
4:00-6:00 After Came (YMCA)

### Tuesday and Thursday

5:30-9:00 Before Care (Webster)  
9:00 Head to Lake Keomah  
9:30 Snack  
10:00 Morning Meeting  
10:15 2 45min Rotations  
12:00 Lunch  
12:45-1:15 2 45minute Rotations  
1:30 Lake Keomah Beach  
3:00 Head to YMCA  
3:45 Snack  
4:00-6:00 Looking Back/After Came (YMCA)

### Rotations

#### YMCA Rotations:

- Youth Room-Crafts/Board Games
- Racquet Ball Courts-Group Games
- Gym-Free Play/Group Games
- Outside-Free Play/Group Games
- Grant Park

#### Lake Keomah Rotations:

- Archery
- Canoeing
- Fishing
- Hiking
- Lodge Activities (Ping Pong, Crafts, and Yard Games)

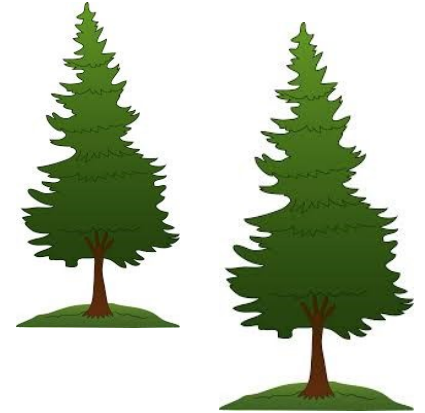
# Pack It!

## Required items:

- Tennis shoes
- Swim suit
- Beach towel

## Suggested items:

- Water bottle
- Sunscreen
- Bug spray
- Bag/Backpack
- Long sleeves/Jacket
- Extra change of clothes
- Flip flops for swimming
- Hat
- Sunglasses
- Goggles
- Life jacket (we will have life jackets available)



# Save it for Home!

## Items not allowed at camp:

- ALL Electronics  
(cell phones, iPods, tablets, etc.)
- Toys
- Chewing gum/Candy
- Food
- Weapons

# Questions / Comments / Concerns

We'd love to hear from you! If you have any question, comments, or concerns please do not hesitate to let us know.

Our staff would love to hear from you!

If you need to get ahold of us while we are out and about please feel free to call or text Kim Stutting, YMCA Youth Coordinator, at 563-212-2447.